

AUCKLAND'S  
**AROHA**  
CAFE AND BAR

**TOAST WITH SPREADS**

sourdough / multigrain / gluten free

**9.0**

**PROTEIN OATS BOWL**

whey protein, almond or coconut milk,  
seasonal fruits, peanut butter

**14.0**

**AROHA'S HEAVENLY EGGS 15.0**

poached / fried / scrambled eggs on sourdough /  
multigrain / gluten free

**FRENCH TOAST**

seasonal fruits, maple syrup, crushed meringue, butter  
**add bacon \$5**

**18.0**

**EGGS BENNY**

English muffins, country ham, free range  
poached eggs and hollandaise

**swap muffin with hash or bagel \$1**  
**swap ham to smoked salmon for \$2**

**19.0**

**AROHA'S BIG BREKKY 25.0**

eggs your way, double smoked bacon, pork and fennel  
sausage, hash brown, grilled tomato, baked beans, your  
choice of toast

**MUSHROOMS ON REWANA 22.0**

(fermented potato sourdough)  
smoked mushrooms, whipped feta, poached egg,  
radish, green salad

**FARMGATE OMELETTE 20.0**

Two-egg omelette, tomato, spinach, mushroom,  
herby hollandaise

**HARVEST BOWL (V,GF) 22.0**

hummus, seasonal greens, quinoa, halloumi,  
balsamic glazed beetroot, carrots, dukkha,  
fried lotus root, chickpeas, olive oil, lemon

**22.0**

**AORAKI SMOKED  
SALMON BOWL**

quinoa, spinach, tomato, broccoli, olives,  
lemon vinaigrette

**27.0**

**FRIED CHICKEN STACK**

buttermilk fried chicken, creamy slaw,  
McClure pickles, fries, ranch sauce

**24.0**

**BEEF BRISKET BOWL**

slow roasted beef brisket, orzo pasta,  
spinach, carrots, pomegranate, coriander

**28.0**

**KIDS MENU**

Kids breakfast – one egg, bacon, and toast  
Crispy chicken and chips with tomato sauce  
Grilled cheese toastie

**10.0**

**ADD ONS**

egg	4
roasted tomatoes	4
hash brown	4
grilled haloumi	5
double smoked bacon	5
pork sausage	5
smoked salmon	8